

# How Much to Plant for a year's Supply of Food

Vegetable	How Much to Plant Per Person
Asparagus	25 Plants
Broccoli	15 Plants
Bush Green Beans	50 Plants
Cabbage	10 Plants
Carrots	120 Plants
Celery	10 Plants
Corn, Sweet	100 Row Feet
Cucumbers	4 Plants
Dried Beans	50 Plants
Garlic	50 Plants
Green Onions	15 Plants
Kale	40 Plants
Lettuce/ Other Greens	40 Plants
Onion Bulbs	50 Plants
Peppers	5-7 Plants
Potatoes	50 Row Feet
Shelling Peas	100 Row Feet
Summer Squash	1-2 Plants
Sweet Potatoes	8 Plants
Tomatoes	10-12 Plants (plant at least half that number a paste tomato, i.e. Roma, if canning)
Winter Squash	2-4 Plants

Updated December 2023

